

Now that you've discovered your strengths, what's next?

Top achievers build personal lives and careers on their talents. *How have you done this? Which talents have you build upon?*

Then they develop talents into strengths. *What are ways to do this? How do you maximize a talent and turn it into a towering strength?*

They manage weaknesses by getting other people to team with, outsource, work around or chose a job where they don't have to try to improve on weaknesses. Change the game or play the game that suits you. *How else can you manage your weaknesses?*

4 Key Factors which determine your achievements in learning new things, new careers, jobs, and beyond: Applications

Your beliefs about your strengths to achieve. Beliefs affect whether you'll even attempt something new, risky or different. Emotions, attitudes, behavior patterns, motivations. *How have we limited ourselves?* Do our self imposed limitations still fit or have we outgrown them? ("I can't run my own business, no one in my family has ever done that before"...." I drive a racecar, what would my parents, husband, kids, friends think?" I can't be an engineer....Mom wants me to be a nurse" "I can't speak up and be assertive, nice girls don't do that") Maybe as a kid, you were respectful and did not speak up. Maybe you were taught not to be assertive. *Are your beliefs outdated?*

Building an achievement pattern: Build confidence through achievement, not empty self esteem boosters, but through real accomplishment. When your kids are young, you want them to have success in something, solving a puzzle, sports, math, the school play, keeping their room neat, writing a paper. This builds patterns they can build on. In one's early career you build pattern of success, milestones, show growth, etc" New sales rep benefits when her manager helps her close the first deal very soon after she starts. Makes hungry for more achievement"

Develop and Apply it. Design education around strength. Based on whom you are and person you can become. *How can you design current projects, initiatives and goals around your strengths instead of the other way around?* Look at opportunities that you can create not wait for them to come to you.

Your motivations, desires and goal setting. Should have multiple motives to achieve and persist. *What happens if only one motive?* Results in less achievement. Ie: Do it to please someone only. Do it only to make money. Better to have many motives: To gain knowledge, to prove to self, to gain freedom, to discover, to get power, to have fun, etc. When times get tough you can pull from various motives to persist and sustain.